**JENNIFER L VARGAS**

***Work Experience****:*

**University of Maryland College Park** August 2012 – June 21, 2013

* **Dietetic Intern:**
	+ *Clinical Rotations*: Enhanced MNT skills in community teaching hospital rotation seeing 10-12 patients per day during staff relief. Conducted nutrition assessments, diet educations, and nutrition interventions following the nutrition care process. Achieved outstanding score for pediatric case study at Children’s National Medical Center. Demonstrated proficiency in electronic health record documentation.
	+ *Community Rotations*: Developed community-based, client-centered nutrition education skills with various populations during SNAP-Ed (school children), Office on Aging, Food and Friends food bank, and School lunch rotations. Provided teacher-led, client-centered nutrition classes to children from pre-K to grade eight; received exceeds expectations on evaluations from SNAP-Ed.
	+ *Technology and Informatics*: Created new report using infographics for WIC Works team to utilize with USDA funders. Implemented a professional portfolio website showcasing projects and accomplishments.
	+ *Awards*: Awarded Maryland Academy of Nutrition and Detetics “Dietetic Intern of the Year.” Selected for abstract-poster presentations by MAND and the Academy of Nutrition and Dietetics at the Food and Nutrition Conference and Expo. Invited to speak at MD-DHCC spring meeting.

**Work-Fit®**, Lincoln, RI June 2010 –June 2012

* **Fitness Specialist/Nutritionist**:
	+ Developed fitness, conditioning, nutrition and wellness programming for clients. Conducted nutrition consults with members and developed appropriate diet plans and nutritional recommendations specific to each client. Created nutrition and fitness education materials to promote healthy individuals and families.
	+ Implemented new nutrition counseling program with growth to 60 clients in two years.
	+ Mentored new employees at various work sites country-wide.
	+ Earned Certificate of Training in Adult Weight Management from CDR in May, 2012.

**Family Fitness Zone,** Coventry, RI March 2008–May 2012

* **Youth Fitness Instructor and Personal Trainer:**
	+ Developed structured, interactive fitness and nutrition classes to children ages 3 to 13.
	+ Conducted individualized training with adults and teenagers with focus on fitness and nutrition education.

**The Groden Center**, Providence, RI October 2009–August 2012

* **RESPITE Care Worker:**
	+ Planned and organized activities of daily living and nutrition education for children with Asperger’s Syndrome, Autism and Pervasive Developmental Disorder.
	+ Motivated children to try “new” foods and increase physical activity while having fun.

***Education:***

**University of Rhode Island,** Kingston, RI September 2007 – May 2010

Bachelor of Science in Nutrition and Dietetics

Golden Key Honour Society Inductee

**University of Rhode Island,** Kingston, RI September 2005 – May 2007

Pursued Doctorate of Physical Therapy; degree not completed in order to study dietetics.

**University of New England,** Biddeford, ME September 2000 – May 2005

Bachelor of Science in Medical Biology – Health Science